



Shannon Court Breakfast Menu

To start with

Various Fruit Juices

Grapefruit Segments, Prunes

Selection of Cereals

Please help yourself to the above

English Breakfast

Bacon, Sausage, Mushrooms, Tomato
with Fried, Scrambled or Poached Egg
or any combination to suit your taste

Accompanied by

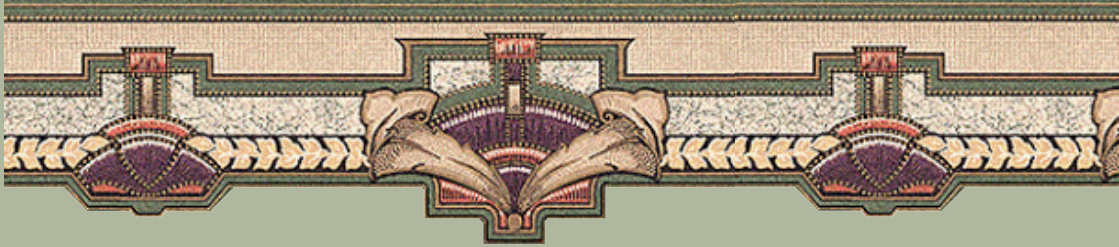
Toast - white or wholemeal

Various marmalades and preserves

Tea - Yorkshire, Earl Grey, herbal or de-caffeinated

Coffee - normal or decaffeinated

Over for cooked options...



Shannon Court Breakfast Menu

Optional cooked breakfasts

Bacon Sandwich

Poached Eggs (2) on toast

Scottish Smoked Salmon with Poached/Scrambled Egg

Omelette with any or all of Cheese, Mushroom, Tomato

Porridge

And some old favourites

Boiled Eggs (2) with toast soldiers

Heinz Beans on toast

Over for English breakfast...